15th World Congress on Menopause

Heart Health Matters

PRAGUE CONGRESS CENTRE
PRAGUE, CZECH REPUBLIC
28 SEPTEMBER–1 OCTOBER 2016

preliminary program
updates on
www.IMSPRAGUE2016.com

Deadlines

📅 February 2nd 2016
Early Bird registration

📅 March 29th 2016
Abstract submission

📅 June 28th 2016
Reduced rate registration
Dear Friends,

As President of The International Menopause Society and Chairman of the Organizing Committee for the 15th World Congress on the Menopause, it is my great pleasure to invite you to join us in Prague, capital of the Czech Republic, from Wednesday 28 September to Saturday 1 October 2016.

In the past, IMS World Congresses have taken place every three years, but the IMS Board has now decided to move to a biennial cycle, commencing with this, our 15th World Congress.

Prague is a wonderful venue: full of history, in the center of Europe and vibrantly progressive at the same time. Our Scientific Committee, headed by Professor Susan Davis, has already begun planning what will be a high-quality, globally relevant program befitting both a World Congress and the IMS's commitment to promote and advance communication, education and research on all aspects of adult women's health world-wide.

Please, mark the date in your diary now and I hope to see you in Prague in September 2016.

Rod Baber
President of The International Menopause Society
and Chairman of the Organizing Committee for the 15th World Congress on the Menopause

You are cordially invited to the 15th IMS World Congress, which will be held in Prague, in the Czech Republic. The Czech Republic is situated in the heart of Europe and boasts Prague as its capital and largest city. Since its foundation, Prague has often served as the political, cultural, and economic core of central Europe.

This city is famous for its historical and cultural attractions and an undeniably magical atmosphere. This was recognized by UNESCO in 1992, when it included the center of Prague in its list of World Heritage Sites. Prague displays a mixture of Romanesque, Gothic and Renaissance architecture. The city even earned the nickname, "the city of 100 towers", due to its countless numbers of towers, churches and old houses. As well as its Castle, Old Town square, Charles Bridge and its Jewish quarter, Prague is also home to the oldest university in Central Europe. Charles University was founded in 1348 and with its 17 faculties comprises the largest university in the Czech Republic, serving as the country's center for research and development work.

We look forward to seeing you in Prague,

Tomas Fait
President of the Czech Menopause and Andropause Society
and Chairman of the Local Organizing Committee

The Congress Committees

Chairman of the Congress
Rod Baber (AU)

Chairman of the Local Organizing Committee
Tomas Fait (CZ)

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Rod Baber (AU)

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Tobie de Villiers (ZA)
Tomas Fait (CZ)
Victor Henderson (US)
Mary Ann Lumsden (UK)

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Co-Chair
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Alfred Mueck (DE)
Sharon Parish (USA)
Faustino Perez-Lopez (ES)
Duru Shah (IN)
Nimit Taechakraichana (TH)
Florence Tremollieres (FR)
Svetlana Vujovic (RS)
Qu Yi (CN)
**FORUM (1000) PANORAMA (400) MEETING 1 (400) NORTH HALL (220)**

**DAY 1**
Wednesday, Sept. 28th

<table>
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<tr>
<th>Time</th>
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<tbody>
<tr>
<td>09.00-10.15</td>
<td>Exhibition Area Opening</td>
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<tr>
<td>10.30-11.00</td>
<td>Plenary Lecture</td>
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<tr>
<td>11.00-12.30</td>
<td>Oral Communications</td>
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<tr>
<td>12.30-13.00</td>
<td>Visit to the Exhibition Area</td>
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<tr>
<td>13.00-14.30</td>
<td>Lunch Symposium</td>
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<tr>
<td>14.30-14.45</td>
<td>Visit to the Exhibition Area</td>
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<tr>
<td>14.45-16.15</td>
<td>Symposium</td>
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<tr>
<td>16.15-17.15</td>
<td>Controversy</td>
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<td>17.30-18.00</td>
<td>Pieter van Keep Lecture</td>
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<tr>
<td>18.00-18.15</td>
<td>Henry Burger Oration</td>
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<tr>
<td>18.15-18.45</td>
<td>Opening Ceremony</td>
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<td>19.00</td>
<td>Welcome reception</td>
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**DAY 2**
Thursday, Sept. 29th

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<td>17.40-18.10</td>
<td>IMS General Assembly</td>
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**DAY 3**
Friday, Sept. 30th

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<td>17.40-18.10</td>
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**DAY 4**
Saturday, Oct. 1st

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**CME Accreditation**
The IMS 2016 Scientific Program will be submitted for accreditation by:
» UEMS (European Union of Medical Specialists) convertible to AMA
» Other National CME Credits

**Official Language**
English is the official language of the Congress.

**Congress Venue**
Prague Congress Centre
The Scientific Program

This is the state of the program as of April 2015. More sessions will be added. The most up-to-date version is available via the Congress website.

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**Plenary Lectures**

Doris Taylor (US) Rebuilding a broken heart
Rod Baber (AU) Pieter van Keep lecture
Phillipe Bouchard (FR) Progestogens and breast cancer: causation and prevention
Gunter Von Minckwitz (DE) Understanding the health consequences of adjunct breast cancer therapy
Giuseppe Rosano (IT) Cardiovascular disease in women, is it different to men?
John Ionnadis (US) Can we believe the data?
Harald Hampel (DE) Can we prevent the Alzheimer tsunami?
Alex Miras (UK) What is the role of bariatric surgery in the management of obesity?
Tobie de Villiers (ZA) Future strategies for fracture prevention
Robin Daly (AU) Lifestyle approaches to prevent falls, fractures and frail bones: an update of the evidence

**Symposia**

**Hormones and the heart: do they help or hurt?**
Susan Davis (AU) Androgens
Regine Sitruk-Ware (US) Progestogens

**Hormones and the brain**
Claudio Soares (CA) Is it depression or menopause?
Martha Hickey (AU) Predictors and time course of depression across the menopause transition
Pauline Maki (US) Depression and cognition in the menopausal transition

**Challenges in breast cancer**
Alfred O. Mueck (DE) Do all progestogens increase breast cancer risk?
Hadji Peyman (DE) Breast cancer effects on bones and joints
Nicoletta Biglia (IT) Coping with the menopause after breast cancer: quality of life and sexual well-being

**What have we learned from longitudinal studies of women’s health?**
Gita Mishra (AU) What are we learning from InterLACE?
Kunihiko Hayashi (JP) Lessons from the Japan Nurses Health Study
Alissa Goodman (UK) Lessons from the National Child Development Study (1958 cohort)

**Fat matters**
Angelica Linden Hirshberg (SW) Neuroendocrine basis of fat accumulation at the time of the menopause
Tommaso Simoncini (IT) Metabolic and cardiovascular implications of fat accumulation at the time of the menopause
Irene Lambrinoudaki (GR) Dietary and lifestyle interventions to counteract fat accumulation at the menopausal transition
Endometriosis update
Areepan Sophonsritsuk (TH) The immunological aspect and epigenetics of endometriosis
Ludwig Kiesel (DE) Medical treatment of endometriosis at the menopausal transition and beyond
Charles Chapron (FR) Surgical approach to endometriosis in peri- and postmenopausal women

Osteoporosis: from the womb to the grave
Cyrus Cooper (UK) Epigenetic mechanisms in the developmental origins of osteoporosis, and implications for life course prevention
Florence Tremollieres (FR) A clinical approach to early menopausal osteopenia and osteoporosis
Joon Kiong Lee (MY) Postmenopausal osteoporosis in Asia: unmet needs?

Focus on sexual health
Sharon J. Parish (US) Beyond the DSM V: update in the classification and treatment of female sexual disorders
Annamaria Giraldi (DK) New pharmacological therapy for FSD: focus on centrally acting agents
Woet Giannotten (NL) Sexuality in the aged woman

Caring for women with Turner syndrome
Wendy Wolfman (CA) Optimizing hormone therapy in TS
Claus Gravholt (DK) CVD and TS women: what are the risks and when and how to screen
Camil Castelo-Branco (ES) Improving well-being and sexual function in women with TS

Meeting the challenge of health equity for women across the globe
Duru Shah (IN) Optimizing access to health care for aging women in India
Qi Yu (CN) Attitude and know-how towards menopause and menopause management among Chinese women and medical workers
Nicole Jaff (ZA) Meeting the challenge of menopause in South Africa
Peter Chedraui (EC) Meeting the needs of women at midlife in South America

The stroke in women
James Simpkins (US) Are hormones protective for stroke?
Christel Renoux (CA) Hormone therapy: dose, formulation and risk of ischemic stroke

Screening for gynecological cancers
Daniela Fischerova (CZ) Ultrasound in screening for gynecological malignancy
Usha Menon (UK) Screening for ovarian cancer
Rengaswamy Sankaranarayanan (FR) Screening for cervical cancer in low-to middle-income countries

IN ADDITION

Special Symposium
The Hot Flush
Naomi Rance (US) Understanding the etiology of the hot flush
Rebecca Thurston (US) CVD risk and flushing

Controversies
› Can we effectively treat menopausal symptoms without hormones?
› Common vulval conditions in peri- and postmenopausal women
› Do hormones cause thrombosis?
› Contraception during female midlife
› Basics in biostats: understanding the published literature and introduction to study design
› Can women at risk of cardiovascular disease be treated with hormone therapy?
› Ovarian insufficiency before 40… what’s new?
› Disorders of sleep
Abstract submission

Participants interested in presenting papers at the Oral and Poster sessions are invited to submit their abstracts.

The deadline for abstract submission is **March 29th 2016**

» Each person is allowed to submit more than one abstract.

» Presenting authors will be notified whether their abstract has been accepted by **May 27th 2016**.

Further details on the schedule and instructions for oral and poster presentations will be available on the website www.imsprague2016.com.

» The Congress's full Scientific Program will be available on the website www.imsprague2016.com.

» Authors whose abstracts have been accepted must register for the Congress and pay the registration fee by **June 28th, 2016**. Failure to do so will result in exclusion from the Scientific Program and the Book of Abstracts.

» Abstracts can only be submitted using the online form available on www.imsprague2016.com.

» Guidelines are available to help you complete the form. Abstracts submitted via email or fax will not be accepted.

» If you have any queries about your poster or oral presentation, please do not hesitate to contact the Secretariat.

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Submit your abstract now!

» Visit the Congress website www.imsprague2016.com;

» Create your free account on the website;

» Once logged in to your account, click on the Abstract Submission link

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The IMS Robert Greenblatt Prizes

Robert B. Greenblatt, co-founder and first President of the International Menopause Society, originally conceived the idea of awarding prizes to the two junior researchers who present the best papers in the field of the menopause. There are two prizes each of 1500GBP, one for clinical work and the other for basic research work.

» Award winners must be under 36 years of age at the time of the Congress.

» They must have been the sole or principal researcher in the study presented.

» Entrants for the Greenblatt prizes must submit their work in abstract form and tick the “Greenblatt prize” checkbox.

The Scientific Committee will review the abstracts and select a shortlist of six candidates. Shortlisted candidates will be invited to present their papers to the jury at a special session. The final vote will be taken and the names of the award winners announced at the end of this session.
# List of Topics for Abstract submission

<table>
<thead>
<tr>
<th>Topic</th>
<th>Description</th>
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| 1. General menopause including                                      | Epidemiology, basic science and clinical research  
Hormone and non-hormonal therapy  
Primary ovarian insufficiency  
The menopause after cancer  
Other topics related to the menopause |
| 2. Hormones and hormone action                                       | Hormones and hormone receptor signalling mechanisms  
Biological actions of sex steroids  
Selective hormone receptor modulators |
| 3. Hormones and the metabolism including                            | Obesity  
Metabolic syndrome  
Insulin resistance, diabetes and dyslipidemia  
Other topics related to hormones and the metabolism |
| 4. Sexual function including                                         | Epidemiology, basic science and clinical research  
Treatment |
| 5. Menopause and cardiovascular system including                    | Epidemiology, basic science and clinical research  
Hormones and thrombosis  
Hormones and cerebrovascular disease  
Other cardiovascular topics |
| 6. Menopause and the brain including                                | Neurosteroids and actions  
Cognitive function  
Sleep and sleep disorders  
Alzheimer’s disease and other neurodegenerative disorders |
| 7. Mood and mental disorders including                              | Epidemiology, basic science and clinical research  
Hormonal and non-hormonal treatment of mood  
Schizophrenia and other mental disorders |
| 8. Musculoskeletal health including                                  | Bone loss and osteoporosis  
Sarcopenia  
Pharmacological and non-pharmacological fracture prevention |
| 9. Breast health including                                           | Breast and breast cancer biology  
Breast cancer epidemiology  
Hormone therapy and breast cancer  
Breast cancer screening and diagnosis  
Other topics related to breast and breast cancer |
| 10. Gynecology including                                             | Abnormal uterine bleeding  
Endometrial hyperplasia and cancer  
Vulval and vaginal conditions  
Diagnostic gynecology  
Urogynecology |
| 11. Other oncology including                                        | Hormones and non-gynecological cancer  
Screening, diagnosis and treatment of women  
Treatment consequences in relation to the menopause |

**DEADLINES**
- February 2\textsuperscript{nd} 2016
  - Early Bird registration
- February 9\textsuperscript{th} 2016
  - Symposium Proposal
- March 29\textsuperscript{th} 2016
  - Abstract Submission
- June 28\textsuperscript{th} 2016
  - Registration at reduced rate
Congress Registration

Registration fee

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<th>Until June 28th 2016</th>
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<td>Delegate IMS Member</td>
<td>€ 400,00</td>
<td>€ 550,00</td>
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<td>Residents, Nurses and Technicians (status to be certified)</td>
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Registration Fee includes:
- Opening Ceremony
- Closing Ceremony
- Access to all sessions
- Access to exhibition area
- Congress kit
- Abstract pen drive
- CME credits

How to register
Registration is only possible online on the website www.imsprague2016.com
1. Go to the registration page and create your free account;
2. Once logged in to your account, click on the registration button;
3. Your account on the website is strictly personal:

   You may submit an abstract, book a hotel or print your invitation letter, but you cannot register other people.

Group registration: If you are interested in a group registration (10 persons or more), please email the Congress Secretariat at ims2016reg@btcongress.com for further information. Please note that no registration will be made without full personal contact details for each participant. Blank registrations are not allowed.

Cancellation policy for registration: Refunds (less € 25,00 for taxes and administrative expenses) will be granted to those delegates unable to attend. Cancellations must be addressed to the Organizing Secretariat in writing before June 28th, 2016. No refunds will be made for cancellations received after June 28th, 2016. All refunds will be issued after the Congress.

Insurance: The Congress Organizers will not accept any liability for personal injury, or loss/damage to participants’ property or belongings, either during or as a result of the Congress, and during their stay in Prague. We recommend that participants arrange their own personal health, accident and travel insurance.

The International Menopause Society was founded in 1978. The aims of the IMS are to promote education, study and research on all aspects of adult women’s health, to organize, prepare, hold and participate in international meetings and congresses on the menopause and climacteric; and to encourage the interchange of research plans and experience between individual members.

Membership of the IMS is open to individual scientists and doctors who are involved in basic research or clinical work in menopause and adult women’s health, or those individuals who have an interest in these or other aspects of the field.

IMS Officers and Board 2014-2016

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Mary Ann Lumsden (UK)

Past President
Tobie de Villiers (ZA)

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Tommaso Simoncini (IT), Florence
Tremolieres (FR), Svetlana Vujovic (RS)

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Camil Castelo-Branco (ES)

Executive Director
Lee Tomkins (UK)

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